

January 2023

St. Bernadette Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
	Disassembled Loaded Nacho Supreme Bowl Meaty Nacho Cheese Nacho Chips Shredded Lettuce & Tomatoes Refried Beans Fresh Fruit Milk Pre K Option Yellow Grilled Cheese Smiles	National Spaghetti Day Meatballs & Spaghetti Caesar Salad Fresh Fruit Chilled Pears Garlic Roll Milk	Fried Chicken Drumstick Potatoes Au Gratin Carrot Souffle Fresh Fruit Chilled Applesauce French Bread Milk Pre K Option Chicken Nuggets	Boneless Wing Bar Celery Sticks with Ranch Roasted Cauliflower Fresh Fruit Chilled Pears Southern Butter Roll King Cake Milk
9	10	11	12	13
Chicken Stew Steamed Rice Seasoned Green Beans Carrot Souffle Fresh Fruit Chilled Peaches French Bread Milk	4TH Grade Grandparent Brunch Pancakes & Sausage Tator Tots Crits Fresh Baby Carrots Fresh Fruit Milk	Red Beans Steamed Rice Fried Catfish Creamed Spinach Fresh Fruit Chilled Strawberries Southern Butter Roll Milk National Milk Day	Pepperoni Pizza Pasta Creamed Spinach Golden Corn Fresh Fruit Chilled Applesauce Garlic Roll Milk Bananas (Pre K)	Crispy or Soft Tacos Shredded Cheese Lett & Tomato Cups Golden Corn Fresh Fruit Strawberries King Cake Milk
16	17	18	19	20
MLK Holiday Schools Closed	Southwest Bowl Fajita Chicken Southwest Rice Shredded Cheese Shredded Lettuce & Chopped Tomatoes Golden Corn Fresh Fruit Chilled Pineapples King Cake Milk	Shepherd's Pie Glazed Carrots Fresh Fruit Chilled Strawberries Southern Butter Roll Milk Nutrition Day Tangerine	Lasagna Caesar Salad Fresh Fruit Chilled Applesauce Garlic Roll Milk Bananas (Pre K)	SFNS Popcorn Chicken Bowl Chicken Smackers Mashed Potato with Gravy Shredded Cheese Golden Corn Fresh Fruit Chilled Pears French Bread Cake Milk
23	24	25	26	28
Salisbury Steak Mashed Potatoes with Gravy Glazed Carrots Fresh Fruit Chilled Peaches French Bread Milk	Beef Totchos Cheese Sauce Golden Corn Fresh Fruit Chilled Strawberries King Cake Milk	Sweet Heat Meatballs Macaroni & Cheese California Mixed Vegetables Baked Beans Fresh Fruit Chilled Pineapples Southern Butter Roll Milk	Chicken Parmesan Creamed Spinach Fresh Fruit Chilled Applesauce Garlic Roll Milk Bananas (Pre K)	Chicken & Sausage Gumbo Steamed Rice Potato Salad Broccoli with Cheese Fresh Fruit Chilled Pears Southern Butter Roll Brownie Milk
30	31			
White Beans Steamed Rice Chicken Smackers (Pre K) or Sausage Broccoli with Cheese Fresh Fruit Chilled Peaches Southern Butter Roll Milk	Crispy or Soft Beef Taco Shredded Cheese Shredded Lettuce & Chopped Tomatoes Golden Corn Fresh Fruit Chilled Strawberries King Cake Milk <i>Pre K Option Only</i> Soft Beef Taco			