

**Updated 1/3/2022**

**Updates - Isolation & Quarantine:**

<b>Diocese of Houma-Thibodaux Updated January 3, 2022</b>	
<b>Situation</b>	<b>Protocols</b>
<p>Symptomatic for COVID-19: <b>DO NOT COME TO SCHOOL</b></p>	<p><b>Option 1:</b></p> <ul style="list-style-type: none"><li>• Stay home for 5 Days.</li><li>• Test on Day 5 or later and submit the results to the school.</li><li>• May return to school after Day 5, providing there is a negative test result <u>and</u> all symptoms have resolved.</li></ul> <p><b>Option 2:</b></p> <ul style="list-style-type: none"><li>• Stay home for 10 days, returning if all symptoms have resolved.</li></ul> <p><i>Note: If you test positive <b>at any time</b>, follow guidelines below (Positive for COVID-19; Isolate).</i></p>
<p>Positive Test for COVID-19: <b>Isolate</b> <u>Regardless</u> of Vaccination Status</p>	<p><b>Option 1:</b></p> <ul style="list-style-type: none"><li>• Stay home in isolation for 5 days.</li><li>• No symptoms or symptoms are resolving, end isolation.</li><li>• Continue to wear a mask around others for 5 additional days.</li></ul> <p><b>Option 2:</b></p> <ul style="list-style-type: none"><li>• Isolate for 10 full days.</li></ul> <p><i>If you have a fever, continue to stay home until your fever resolves.</i></p>

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<p>Exposed to Someone with COVID-19: <b>Quarantine</b></p> <ul style="list-style-type: none"> <li>• Boosted</li> </ul> <p align="center"><b>OR</b></p> <ul style="list-style-type: none"> <li>• Completed the primary series of Pfizer or Moderna vaccine within the last 6 months</li> </ul> <p align="center"><b>OR</b></p> <ul style="list-style-type: none"> <li>• Completed the primary series of J&amp;J vaccine within the last 2 months</li> </ul>	<p><b>Option 1:</b></p> <ul style="list-style-type: none"> <li>• Wear a mask around others for 10 days.</li> <li>• May test on Day 5 (not mandatory) and submit negative test results.</li> <li>• If symptoms develop, get a test and remain home until symptom-free, following the protocols in this chart and in place at the school.</li> </ul> <p><b>Option 2:</b></p> <ul style="list-style-type: none"> <li>• Quarantine for 10 full days.</li> </ul>
<p>Exposed to Someone with COVID-19: <b>Quarantine</b></p> <ul style="list-style-type: none"> <li>• Not Boosted or Unvaccinated</li> </ul> <p align="center"><b>OR</b></p> <ul style="list-style-type: none"> <li>• Completed the primary series of Pfizer or Moderna vaccine <b>over 6 months ago</b> and are <b>not boosted</b></li> </ul> <p align="center"><b>OR</b></p> <ul style="list-style-type: none"> <li>• Completed the primary series of J&amp;J <b>over 2 months ago</b> and are not boosted</li> </ul>	<p><b>Option 1:</b></p> <ul style="list-style-type: none"> <li>• Stay home in quarantine for 5 days.</li> <li>• Test on Day 5 and submit negative test results to school to return to classes.</li> <li>• After that, continue to wear a mask around others for 5 additional days.</li> </ul> <p><b>Option 2:</b></p> <ul style="list-style-type: none"> <li>• Quarantine for 10 days.</li> </ul>

- **Extra-Curricular Activities:** Because there is an increased risk of post-quarantine transmission associated with options to shorten quarantine, individuals who had close contact with infection may not participate in any activities with a higher risk of spreading the virus (i.e., extra-curricular or co-curricular activities, including sports teams, PE class, music instruction, field trips, etc.) or take part in any activity that cannot maintain a 6-foot physical distancing until 10 days from contact. After 10 days, students and staff members in quarantine may resume all activities provided by the school.

**All school activities, including field trips and overnight travel, can be held if current guidelines are followed. Schools should post signs throughout campus indicating when face masking and physical distancing are in effect.**

- **Face masks: There is no universal masking required in schools at this time. Wearing a face mask continues to be optional in general for those not listed above as requiring masking to return to school. For individuals requiring a face mask, their masks must be well-fitted and worn with fidelity.**
- **Physical Distancing: Students need to maintain a distance of at least 3-feet apart and adhere to static seating assignments in classrooms. In common areas, including eating areas, all individuals should distance 6-feet apart as much as possible. Activities and classes that involve increased exhalation should continue to be held outdoors or in large, well-ventilated spaces, whenever possible. School buses may operate at 100% capacity if all passengers are masked, the windows are open, and assigned seating charts are utilized and enforced (as per executive order).**
- **Visitors to Campus: Non-essential visitors (i.e., volunteers, external groups, organizations, etc.) should be limited unless required by law or by contract for services, or are considered essential. All visitors are strongly encouraged to wear masks and maintain 6-feet physical distancing from others.**